Numerology Report

Essence Report



SAMPLE

Reference date
2026-10-14

Name
Alex Tan（忠和）

Date of birth
1992-10-09

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Notes and limits

How to read this report

This report is ordered as your own results first, then why, and the system reference last. Below we explain what each label in the report means, then suggest a reading order.

- Your results: statements and observations about you personally, computed from your birth date and the details you provided.
- How to Read This Section: a short paragraph at the start of a chapter says what to look at first and in what order; reading it first makes the rest flow.
- System reference: general material of this system (for example the traits of 1 to 9, or the elements and industry tables). It is not about you personally; read it as a cross-check.
- Traditional system mapping: how this system traditionally maps the five elements onto everyday themes (for example body systems and common signals). It is a record of cultural tradition, not a scientific or medical conclusion.
- Calculation basis: how each number is derived, so that you can recompute it yourself.
- Suggested actions: one small step you could try. It is a suggestion, not a requirement.
- Notes and limits: what this part covers and what it does not do.
- Read with care: sections touching sensitive topics such as health are tendency-level reference only; please consult a qualified professional first.
- Explore next: directions you may want to look into beyond this report (partner, business partner, family).

This report reflects your core patterns as an individual. Yet relationships act like mirrors — different partners, family members, or colleagues naturally bring out different sides of you. To explore how your rhythms interact and adjust together, see the Combined Edition.

Suggested reading order

Start with your report highlights and your root number to check the report did not mix you up; then read the annual chapter; finish with the system-reference chapters. Where a topic does not appear, the chapter on limits usually says why.

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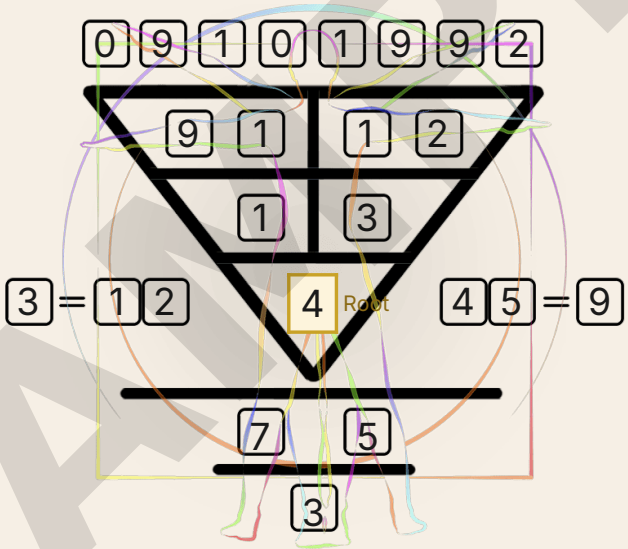
Personal number equations

Name Alex Tan（忠和）
Date of birth 1992-10-09



Executive Summary

Your results

> Root number 4 carries the theme of “structure and order”: you feel settled when things are clearly arranged.

Calculation basis

Every cell can be re-checked by hand: add the digits of day, month and year in pairs, and keep adding the digits of any two-digit result until a single digit remains.

Step	Calculation	Result
Input	Date of birth	1992-10-09
Day	0 + 9	9

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Step	Calculation	Result
Month	1 + 0	1
Year, digits 1–2	1 + 9	1
Year, digits 3–4	9 + 2	2
Day + month	9 + 1	1
Year	1 + 2	3
Root number	1 + 3	4
Root element	From root number 4	Wood

Core Profile

Your results

Root number 4: structure and order



Root number 4 is built by reducing the digits of your birth date. It points to structure and order: you are good at turning a messy process into steps, and unclear standards make you uneasy — which is why people rely on you to set the rules.

The cost is flexibility: when a plan is disrupted you may need a moment to settle again. Leaving slack in the plan in advance is easier than repairing it afterwards. Your root element is Wood.

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Five Elements

Your results

Element order and counts (root element Wood)

With root number 4 as the root (Wood), the five elements are ordered: Wood (root) → Fire (what I generate) → Earth (what I control) → Metal (what controls me) → Water (what generates me). The first position is your own element; the rest follow from the generating and controlling relations. The Wood table starts from “growth and planning”.

Counted under the same definition, the five elements appear across the 16 positions as follows: Wood 4 (in range), Fire 3 (in range), Earth 2 (weak), Metal 4 (excessive), Water 3 (in range). A higher count means the theme is mentioned more often in your table; it says nothing about better or worse.

Calculation basis

Generating and controlling cycles	Me	I generate	I control	Controls me	Generates me
Five Elements correspondence	Self	Children and money	Career and partner	Authority	Parents and benefactors
Standard element counts	4	3	3	3	3
Your element counts	4	3	2	4	3
Your element profile	Wood	Fire	Earth	Metal	Water
Your element reading	in range	in range	weak	excessive	in range

Excessive positions

Some elements sit in the “excessive” position: the matching theme repeats, which makes overdoing it likely.

“Excessive” is relative too: it means the theme appears more often in this table, not that it is strong or weak in real life.

Weak positions

Some elements in this table sit in the “weak” position: the matching theme appears less often and needs deliberate topping up. Which position exactly is shown in the order and counts above.

“Weak” is a judgement relative to this table’s own distribution, not a conclusion about health or fortune.

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Five Elements: relationships and correspondence

Calculation basis

- The order follows the root number: me → I generate → I control → controls me → generates me.
- Me = yourself (reference count 4): the element of your own root number.
- I generate = children and money (reference count 3): the position produced from me along the generating cycle.
- I control = career and partner (reference count 3): the position I control.
- Controls me = authority (reference count 3): the position that controls me; traditionally also linked to pressure and rank.
- Generates me = parents and benefactors (reference count 3): the position that generates me.
- The reference counts come from the traditional "standard element counts" and use the same 16-node basis as this report (4 + 3 × 4 = 16); they are only reference values, not a pass mark.

Controls me 4 or more: position and disputes

> Your "controls me" element is strong. Traditional readings link this position to rank and responsibility: with a high count, the usual advice is to move toward a role with a title (a supervisor, or a registered business owner, both count), so the pressure sits on a position you are entitled to hold and disputes come up less often.

Generates me = 3: parents

> Your "generates me" element is balanced. Traditional readings link this position to parents, elders, and benefactors: a mid-range count is often read as support from elders coming relatively smoothly; how you actually get along still depends on communication and habits on both sides.

I control = 2: career opportunities and marriage

> Your "I control" element is on the weak side. Traditional readings link this position to career and partner: a low count is often read as a sign that both work opportunities and relationships need planning ahead. Ups and downs in a relationship are normal; what is worth watching is how you communicate and where you set your boundaries, rather than drawing conclusions about it.

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Career

Your results



You do everything meticulously and cautiously, so people around you always feel you are very steady. You are a thinker, strict with yourself and strict with others, with strong self-discipline, so you work best in a calm, orderly environment. Because you dislike jobs with too much change, you can be a little short on initiative and creativity. In your plans, everything is completed stage by stage; whatever the situation, you first stabilise the layout, then explore development and expansion. You also enjoy learning continuously at work, and you study the things you love with particular patience. What you need is more creativity and a way to break through — that would add real value to your career.

If number 4 people choose work that can draw on their talents, they find a sense of security in helping others. It does not have to be a scientific or commercial profession; as long as the work uses their innate abilities and enriches daily life, that is enough. In this way they fill out their own lives and set an example for others. Number 4 people can teach others how to build a healthy, stable life and solve all kinds of difficult problems. Number 4 people may not be as creative as number 1 or number 3 people, but no one can match their talent for endless refinement. If you have a skill, a number 4 person can show you how to do it faster, better and safer in ways you would never imagine. Number 4 people are also very good with numbers, so mathematics-related fields such as accounting, science and engineering, as well as industries concerned with safety and stability, suit them well. They especially have a mechanical gift: they look at a machine and know at once how it works and how to repair it. Number 4 people are well suited to supervisory or technical work, and to consulting work that helps others solve problems.

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Directions and Application

Suggested actions

Digits that do not appear

- Treat the matching practice as homework, and take one item at a time.
- Use it as a reminder: these things need deliberate scheduling, they do not happen by themselves.

Root number 4: structure and order

- Write down anything that repeats as a checklist or a process, and keep the saved time for exceptions.
- When something changes at short notice, first ask which part is not changing, then adjust the rest.

Resource, support and growth directions

System reference

- Reference directions inside the system: resource theme 6, interpersonal support theme 8, growth theme 7. (The traditional system calls these the wealth, benefactor and success directions.)
- These three numbers are coordinates, not advice on investments, purchases or moving; where something needs to land, take them as a prompt to look from a different position.

Element order and counts (root element Wood)

- For the weakest position, schedule deliberate practice: it is an action you have to add on purpose.
- For the strongest position, watch for excess: the same move taken too far reverses its effect.

2026

- Use the year’s theme to set the pace: what is worth pushing, what is worth preparing.
- Look back at the end of the year and note where reality differed from the earlier reading.

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Numbers 1 to 9: system reference

System reference



1 — Leader

Root number 1 · Leader
Key traits: leadership and independence. This position leans toward deciding for yourself and acting first; the other side is a habit of carrying the pressure alone, which can lead to loneliness over time.



2 — Communicator

Root number 2 · Communicator
Key traits: communication, gentleness, reliance. You connect people and listen well, and relationships often help things move forward; the other side is putting other people's needs ahead of your own.



3 — Doer

Root number 3 · Doer
Key traits: drive, action, impatience. You act the moment you think of it and pick things up fast; the other side is learning to finish — the gap between doing something quickly and seeing it through.



4 — Planner

Your root number
Root number 4 · Planner
Key traits: cleverness, planning, caution. You like to understand the structure before you start, and you move steadily; the other side is that thinking too long can let opportunities pass you by.



5 — Explorer

Root number 5 · Explorer
Key traits: principle, freedom. You value your own direction and principles and dislike being tied down; the other side is building a little discipline so the freedom lasts.



6 — Sage

Root number 6 · Sage
Key traits: wealth, control, responsibility. You are sensitive to resources and quality and willing to carry the load; the other side is that there is often a fine line between caring and over-managing.

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 7 — Connector	**Root number 7 · Connector** Key traits: good fortune, connections, supporters. Help and opportunities come to you easily and things often get done through your network; the other side is not treating that help as a reason to skip the work.
 8 — Achiever	**Root number 8 · Achiever** Key traits: responsibility, busyness, pressure. You can handle responsibilities and people trust you with them; the other side is a risk of overwork — practise handing some of it over.
 9 — Opportunity-finder	**Root number 9 · Opportunity-finder** Key traits: achievement, business, inclusiveness. You spot opportunities and can let many things go; the other side is that taking on too much can leave you doing a little of everything without going into depth.

Root Number Traits: positive and negative

System reference

Root number 1 (Metal) · Leadership
- Positive traits: a sense of justice, independence, sharp observation.
- Negative traits: self-focus, loneliness, aloofness.

Root number 2 (Water) · Communication
- Positive traits: a calm approach, good listening skills, friendliness.
- Negative traits: indecision, being too soft-hearted, a dull personality.

Root number 3 (Fire) · Execution
- Positive traits: strong creativity, drive, liveliness.
- Negative traits: rashness, a quick temper, conceit.

Root number 4 (Wood) · Planning
- Positive traits: eager to learn, systematic, punctual.
- Negative traits: blunt speech, rigidity, a tendency to envy.

Root number 5 (Earth) · Direction
- Positive traits: logical thinking, strong curiosity, a love of freedom.
- Negative traits: stubbornness, haste, suspicion.

Root number 6 (Metal) · Wisdom
- Positive traits: strong imagination, artistic talent, a strong sense of family.
- Negative traits: timidity, arrogance, extravagance.

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Root number 7 (Water) · Connections
- Positive traits: good fortune, analytical skill, gratitude to those who helped you.
- Negative traits: laziness, weak follow-through, acting without consultation.

Root number 8 (Fire) · Responsibility
- Positive traits: full of drive, a clear sense of right and wrong, trustworthiness.
- Negative traits: pressure, worry, chasing hollow prestige.

Root number 9 (Wood) · Opportunity
- Positive traits: a dreamer, well recognised, a head for business.
- Negative traits: greed, carelessness, no clear principles.

Actions and Limits

Notes and limits

How to use this report

- This chapter gathers the limits noted throughout the report; the single complete statement of scope is in the “About This Report” section further on.
- Every number is computed from your birth date and the details you provided; where details are unknown, this report chooses not to guess.
- Switching language changes only the wording, never which sections appear and which do not.

About This Report

Notes and limits

Please read this report as self-observation material inside a numerology system: it describes patterns and themes within that system — not a verdict about you, and not a deterministic prediction of the future. Health, financial, legal and other sensitive themes are reference material inside this system only, and do not replace professional advice. Where information is unknown, this report chooses not to guess; the actual decisions remain yours.

Closing words

System reference

> The text below is fixed explanatory material: it does not change with your personal data and is listed as reference information, not as a personal reading about you.

Read this report as one set of lenses

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Notes and limits

This report is about you. The same number, in someone else's chart, grows into a different life — so nothing here is a verdict. It is one way of looking at yourself, and you are free to disagree with any part of it.

What this report offers is a way of looking at yourself. The valuable part is not treating every sentence as a conclusion, but finding in it something worth watching, practising and adjusting.

Explore next

Below are a few directions you may explore next. They are not the conclusion of the analysis above, and none of them is required — whether you take them up is entirely your call.

Relationship
Couple's chart
Start from each other's number traits and look at how you communicate, where you complement each other, and what to keep an eye on together.

Work
Partnership report
See how different number traits differ in communication, division of work and working rhythm.

Family
Family exploration
Invite your family to learn their own number traits, then look at your differences together.

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